



**NEW ZEALAND
SHORT COURSE
CHAMPIONSHIPS**

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Swimming
NEW ZEALAND

2026 NZ Short Course Swimming Championships

Pre-Competition Information Book



Accurate as 22 September 2026





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Kia ora swimmers, coaches and managers,

On behalf of Swimming New Zealand and the events team in Christchurch, welcome to the **2026 NZ Short Course Swimming Championships**, being held next week.

We're excited to be hosting this competition at the **Parakiore Recreation and Sport Centre**, and we can't wait to welcome you all to Christchurch!

To assist with your final preparations, we have put together this document outlining all the key information you need to know to help you navigate the championships. It promises to be an exciting week of racing, and we look forward to having you with us in Christchurch.

We would also like to thank our partners for this event, whose support has helped us bring these championships to you. A special thank you to our corporate partners, **Arena** and **Teamline**, our competition partners, **Christchurch City Council**, **China Eastern Airlines**, **Pelorus Trust**, and **Trillian Trust**, and our supporter **Hireace**, whose support has helped make the event possible.

We are incredibly grateful for their support of this event and of swimming in New Zealand.

Thank you for being part of the championships. Best of luck with your final preparations, and we wish you all the very best for your racing throughout the week.

We can't wait to see you in Christchurch!

Ngā mihi nui,
Kate

Kate Griffiths
Competitions Manager





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Partners

Corporate Partners

- Arena
- Teamline

Competition Partners

- Christchurch City Council
- China Eastern Airlines
- Pelorus Trust
- Trillian Trust

Supporter

- Hireace



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Important Information

Key Contacts For Competition

Role	Name	Enquiry Type	Contact
Competition Manager	Kate Griffiths	Competition Queries	021 246 7440 events@swimming.org.nz
Resolution Desk	Technical Official	Withdrawals, DQs & Relay Forms	Table on Pool Deck

WhatsApp Group – Updates – 2026 NZ Short Course

We have created a WhatsApp Group that you can join to receive short updates across the week should we require to. This is open to managers, coaches and swimmers if they would like to join.

[Please join the WhatsApp group here](#)

Good Behaviour

Swimming New Zealand is committed to providing positive swimming experiences for all involved. Across the five days of competition, we trust that all interactions throughout the event will be positive and respectful – please treat others like you would like to be treated.

All participants must comply with our Code of Conduct – [learn more](#)

Health & Safety

Please remember to use good hygiene practices at this event and use common sense to keep yourself and others safe on pool deck.

If seated upstairs in the grandstand, please ensure you dry off before leaving pool deck as the stairs become slippery when wet.

Warm-Up Procedure

There will be allocated lanes during warm up. We ask that you please stick to these lanes as displayed on pool deck.

Please note that fins are not permitted in the race end of the pool.

Accred & Access To Pool

Access to the pool is via level 2, doors B & C with your accreditation.

An accreditation volunteer will be on hand to ensure that passes are being presented. If you do not have a valid pass – you will be required to pay the appropriate admission fee.



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Accreditation must be worn, around the neck, to gain access. No accreditation no entry. Lost accreditation can be replaced at a cost of \$15.00 each – through cash or invoice to the club.

Please note, no late passes will be issued at the door as per the updated Accreditation Policy 009.

Seating

There will be no seating plan for this event, we ask that clubs work together to support each other to ensure everyone is catered for.

Majority of seating will be upstairs in the grandstand; please ensure you dry off before leaving pool deck as the stairs become slippery when wet.

Please ensure no Coaches, Team Managers or Swimmers are not seated in the area marked for spectators. Strictly spectators only.

Opening Ceremony

There will be an opening ceremony on Sunday afternoon at 4:50pm.

Parking

Parking is limited at Parakiore Recreation and Sport Centre. Please try and limit the number of vehicles you travel into the meet and comply with parking times and fees as per the signs displayed.

Entries & Results

Psych Sheets

Preliminary psych sheets were published on the event webpage on Thursday 17 September.

[Click here to view](#)

Programme & Results

Swimming NZ will complete the programme and seeding over the coming days online. The programme, session timelines and results will be available on Swimify throughout the championships.

[Click here for Swimify](#)

We encourage you to download the Swimify Livetiming app to view the programme and results on your phone.

[Apple App Store](#)



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[Google App Store](#)

Printed programme orders will close at 12pm on Saturday 26th September.

Session Timelines

The session timelines will be confirmed and available on Swimify in the days leading up to racing commencing.

Withdrawals

Withdrawals from events for session one will need to be submitted via email by 5pm or at the Team Managers meeting being held at 5pm on Saturday 26 September. Any withdrawals for session one submitted after this time will incur a withdrawal fee as per Policy 008.

Any further withdrawals for sessions 2 - 10 will not be accepted via email after 5pm on Saturday 26 September. Withdrawals need to be made via a withdrawal form which can be found at the resolutions desk located around the 25m bulkhead on the grandstand side of pool deck.

As ALL events in all morning sessions are run as timed finals SNZ Policy 008 will apply. *For timed-finals, withdrawals must be advised by the end of the session preceding the session with the timed final event.*

Withdrawals from evening final races will be required to be submitted 30 minutes from posting of event results. Any competitor or team who withdraws from finals after this time shall pay without excuse to SNZ a fee of \$50 (NZD) as per SNZ Policy 008.

DQs & Protests

Disqualifications will be displayed on the big screen and you can ask to see a copy of the DQ form at the resolutions desk located halfway along the pool on the grandstand side.

Protests must be submitted to the referee, in writing, on the protest form by the team manager only within 30 minutes following the DQ result posting online. This needs to be accompanied in cash by the \$100.00 protest fee.

If conditions causing a potential protest are noted prior to the event, a protest must be lodged before the signal to start is given.

All protests shall be considered by the referee. If the referee rejects the protest, they must state the reasons for their decision. The Team Manager may appeal the rejection to the Jury of Appeal whose decision shall be final.

If the protest is rejected, the deposit will be forfeited to SNZ. If the protest is upheld the deposit will be returned.



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Competition Information

Opening Hours

Pre-Meet	Morning	Afternoon
Sat 26 September	9am – 12pm	3pm – 6pm

Competition	Heats	Finals
Sun 27 September	7.00 (doors)	15.30 (doors)
	8.30 (comp)	17.00 (comp)
Mon 28 September	7.00 (doors)	15.30 (doors)
	8.30 (comp)	17.00 (comp)
Tues 29 September	7.00 (doors)	15.30 (doors)
	8.30 (comp)	17.00 (comp)
Wed 30 September	7.00 (doors)	15.30 (doors)
	8.30 (comp)	17.00 (comp)
Thu 01 October	7.00 (doors)	15.30 (doors)
	8.30 (comp)	17.00 (comp)

Anyone wishing to access the pool outside these times for training will need to contact the facility directly to book lane space.

Multi-Class Racing

These championships are open to Multi-Class and Para swimmers who have a classification of some form – provisional, national or international. Please note this includes S15, S18 and S19 classifications.

Medals will be distributed based on the World Para Swimming points system (similar to the percentage of the world record calculation) and equivalent for the alternative pathway classifications using the event software of which results are final. To confirm, this means that one set of medals will be presented for each respective Multi-Class final.

Relays

The names of swimmers actually swimming on a relay must be submitted at least 45 minutes before the start of the session in which the event is to take place, in the order in which they are to swim. The names of swimmers in medley relay events must be listed for the respective strokes. Mixed relays must have 2 x female and 2 x male swimmers.

Failure to swim in the order listed will result in disqualification. Substitutions may be made only in the case of a documented medical emergency.



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Marshalling

Heats:

Self-marshalling will be employed during all heat sessions. Swimmers are asked to be in the marshalling area 4 heats prior to their event. For all 50m events, swimmers need to be in the marshalling area 6 heats prior to their event.

Finals:

Swimmers (including reserves) will need to marshal 6 races prior for 50m events, and 4 races prior to their event for all other events, and remain in the marshalling area located beside the dive well. All swimmers are required to marshal for relays. Swimsuits will be checked at marshalling for legality.

Victory Ceremonies

Medals shall be awarded for the 1st, 2nd and 3rd New Zealanders in all Olympic programme events for the age groups of 13 years, 14 years, 15 years, 16 years, 17 - 18 years. Note that the age group medals are determined from the swims in the morning.

Open and multi-class medals shall be awarded for evening finals.

Visitor medals will be awarded to a maximum of two medals for any international competitor/relay team who places.

The Victory Ceremony Timetable will be included in the programmes and event schedule, and we will endeavour to run to this timetable. If for any reason there is a delay in the results being available, the medal presentation for that event will take place as soon as possible.

Dress Standard for victory ceremonies:

- Club or Regional t-shirt, jacket or sweatshirt.
- Pants or shorts **MUST** be worn.
- No Caps or Goggles.
- No towels to be wrapped around the waist.

There is to be strictly no photography on pool deck and the medal presentation area, all photos will be taken by the official event photographer and photos will be made available via Playbook link as soon as possible. Anyone taking photos in this area will be asked to leave immediately.

Rules

The championships will be delivered in accordance with Swimming NZ Policies, as well as World Aquatics and World Para Swimming Rules.

[Click here for more information](#)

Club Points

As determined in previous years by the EAC, the following decision has been made in relation to club points at national competitions.



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Only swimmers affiliated with New Zealand can score points for their club. Please note this means that no visitor is eligible to score club points, including those who are also members of a New Zealand club.

Please also note that if a club relay team is not filled with New Zealand affiliated swimmers, the relay team will be classed as a visitor relay and will not be eligible for club points.

Strapping

Swimmers with strapping no longer need to be reviewed by the Technical Director prior to swimming, except in relation to fingers and toes, where a maximum of two may be taped together to treat or protect an injury.

Accreditations

All accredited persons must have their accreditation on them and present their pass to access the competition building via the accredited entrance. Please wear your accreditation around your neck.

If a swimmer, coach or team manager is seen to be using somebody else's accreditation, this accreditation will be removed for the remainder of the event.

Please note that we won't be providing lanyards for 2026, so you'll need to bring your own for the championships.

Winner Interviews

We will conduct interviews with selected final winners during the championships and may interview NZ Age and NZ Open Record breakers.

Prior to Racing

Team Managers Meeting

There will be a compulsory team manager meeting held on Saturday 26 September at 5pm in the marshalling room beside the dive well.

Team managers will be given a brief run-down of meet activities, expectations of swimmers and clubs, and general delivery of the championships. Each club is asked to have at least one representative at the meeting. If you can't attend, please have a good understanding of this update.

Club Accreditation Collection

Accreditation passes are available to be collected from the accreditation desk from 4.00pm on Saturday. If the packs aren't collected then, they will be available to



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collect from the accredited entrance from Sunday morning for the rest of the championships.

Don't Miss Any of the Action

Spectator Tickets

We have had lots of people display their eagerness to be in Christchurch for this event, with tickets selling out quickly. We are catering as best as we can within the venue capacity. For those who can't attend in person, please make the most of the livestream. Thanks for your support of the championships.

Livestream

Live coverage of this year's NZ Short Course Swimming Championships will be available on a pay-per-view basis. You will be able to purchase full access to all five days of racing for \$24.95, or alternatively pay \$5.00 for an individual session pass.

[Click here to purchase your livestream Aquapass](#)

HIREACE
COMMERCIAL VEHICLE AND TRAILER RENTAL

Book your rental vehicle with Hireace and Trip Rental Cars and get 1.5% off* on the daily hire rates using the code below.

SNZ15

BOOK NOW

*Subject to Availability. Terms and Conditions Apply

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Policies & Other Important Information



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Teamline Store – Merchandise & Swimwear

Teamline will be present at the championships, selling both event merchandise and swimming apparel. Be sure to check out their pop-up store and say hello to the team located on level 2.

NZ Swimming Alumni

Who we are:

The New Zealand Swimming Alumni was established in 1989 to promote swimming and to assist athletes who have the potential to represent their country. We are proud to have supported many developing athletes with scholarships to assist their sporting journey.

What we do:

We raise money each year to support budding aquatic athletes to achieve their international sporting goals. We also have a mentoring program that supports young athletes as they navigate life in or out of sport.

If you would like to learn more or donate, please check out our website – [click here](#)

Livestreaming, Photography & Videography

Photos and videos will be taken throughout the competition. By entering, all athletes and spectators have agreed to allow still and moving images that have been taken by or recorded on behalf of SNZ may be used in any or all of the promotional, social and advertising material of SNZ or provided to any third party, including but not limited to SNZ partners and sponsors, for their reasonable use as they see fit.

Spectators agree upon entry that photographic, video or audio recording equipment is prohibited for any purpose which may include, without limitation, video and/or audio recorders, camera tripods, monopods or lenses with a total focal strength of greater than 300mm and commercial digital video equipment. The SNZ Event staff will, at their sole discretion, determine whether an item is intended for personal or commercial use.

Team Manager Guidelines

To assist Team Managers with their preparations, we have provided a guidelines document.

[Click here to view](#)

Accreditation Policy (009)



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As accredited persons for these championships, please be aware you'll comply with this policy

[Click here to view](#)

Sport Integrity Commission

As a sport, we promote clean and fair sport, everyone has their role to play. The recently established Sport Integrity Commission has been created to oversee and support the delivery of clean and fair sport in New Zealand. They have a range of resources and education to assist.

Learn more about clean sport education – [click here](#)